

Resources for the coronavirus pandemic

THIS LIST IS NOT EXHAUSTIVE BY ANY MEANS, IF YOU HAVE IDEAS YOU COULD SHARE, LET US KNOW AND WE WILL UPDATE THIS DOCUMENT. WE WILL AIM TO SHARE NEW IDEAS REGULARLY TOO!

Official channels

Government guidance https://www.gov.uk/coronavirus

Church of England advice to churches https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-churches

Oxford Together - To volunteer and seek support locally http://oxfordtogether.org/

Oxford City Council Community Response – For help if you're vulnerable https://www.oxford.gov.uk/communityassistance

Mental health and well-being

Mind: For better mental health - https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/

C of E 5 top tips https://www.churchofengland.org/sites/default/files/2020-03/10962%E2%80%A2Mental%20Health%20Top%20Five%20Tips WEB 0.pdf

13 daily reflections on looking after your mental health

https://www.churchofengland.org/sites/default/files/2020-03/10961%E2%80%A2Mental%20Health%20Reflections WEB.pdf

Mind & Soul – resources for supporting mental health from a faith perspective https://mindandsoul.churchinsight.com/Articles/568479/Mind and Soul/Articles/Panxiety.aspx

Bible Teaching/Worship

Our Website – For recorded sermons and general resources www.stmarysbarton.com

Live Lent Booklets – Continue your Lent journey with the Lent booklets from church.

Diocesan Livestream – To join the Sunday 10am Eucharist led by the Bishop of Oxford https://www.oxford.anglican.org/coronavirus-covid-19/livestream/

Worship Music –Songs we have sung at St Mary's regularly can be found here: https://www.youtube.com/playlist?list=PLvVsn2J4pGLct3ccP57-2g56JvlhOVGGd

The Bible App – For different Bible reading plans https://www.bible.com/en-GB/reading-plans

Bible in One Year – Follow the Bible from beginning to end in one year with daily reflections https://www.bibleinoneyear.org/

Dan's Devotional – A daily podcast from Dan Hames

https://open.spotify.com/show/4VgjcmtBkaOSSXWJSvw5Gn?si=cp09vHsRQbaDyWCs3ZGV MQ

Spiritual Communion - If you are unable to receive communion

https://mcusercontent.com/14501d5eebc3e98fa3015a290/files/694152a6-c683-4e14-9f7c-8d055c7722e5/Spiritual Communion.pdf?utm source=Diocese+of+Oxford+Mailing+Lists&utm cam paign=cfdc686904-

EMAIL CAMPAIGN 2018 06 07 04 41 COPY 01&utm medium=email&utm term=0 5e6b832234 -cfdc686904-339827593

Spring Harvest at Home – Unable to run this usual conference, they are doing all the worship and Bible teaching via YouTube 13th-17th April https://springharvest.org/springharvest-home/

Prayer resources

The Daily Prayer App from the Church of England – For free from the app store https://www.chpublishing.co.uk/apps/daily-prayer

Lectio 365 – A daily prayer app from 24-7 prayer https://www.24-7prayer.com/dailydevotional

Prayermate – An app to help organise and prompt you to pray https://www.prayermate.net/

Church of England prayers for Coronavirus - https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-liturgy-and-prayer-resources

Coronavirus prayer resources from 24-7 Prayer - https://www.24-7prayer.com/coronavirusprayer

Prayers

From the Church of England:

Keep us, good Lord,

Under the shadow of your mercy.

Sustain and support the anxious,

Be with those who care for the sick,

And lift up all who are brought low;

That we may find comfort

knowing that nothing can separate us

from your love

in Christ Jesus our Lord.

Amen.

From ChristChurch London:

God our Deliverer, We cry out to you in this moment of great need, And ask that you would deliver us from the coronavirus. Would you stretch out your hand, And turn back the spread of this disease.

God our Healer, Would you strengthen the medical professionals, Who are working tirelessly to protect us, And inspire and guide researchers, Who are seeking to find a cure.

God our Comforter, Would you comfort all who are mourning; Those who have lost jobs, livelihoods, or loved ones; Those who are grieving, disappointed, or scared. Would you draw them close to you, in their hour of need.

God of Wisdom, We ask that you would bless our Prime Minister and our Government, World Leaders, and the World Health Organisation. Give them wisdom, insight, and resilience, And help them lead us bravely in the fight against this virus.

God of Peace, May we know your peace in our homes and in our families, In our neighbourhoods, and on our streets. Would you still the hearts of all who are anxious, And help us to rest in the knowledge of your goodness.

God of Love, Who knows full well what it is like to suffer, As we consider your love, displayed on the cross, May your perfect love, Drive out our fear.

God of Life, We celebrate your resurrection, Your great victory over death. And as we wait for you to return, to make all things new, Would you fill us with everlasting hope. In Jesus' name, Amen.

From 24-7 Prayer:

https://www.24-7prayer.com/downloads/coronavirus_prayer.pdf