



St Mary's Church

Resources for children and families

THIS LIST IS NOT EXHAUSTIVE BY ANY MEANS, IF YOU HAVE IDEAS YOU COULD SHARE, LET US KNOW AND WE WILL UPDATE THIS DOCUMENT. WE WILL AIM TO SHARE NEW IDEAS REGULARLY TOO!

Talking to children about Coronavirus

BBC article – Advice for how to best talk to your children about the coronavirus

<https://www.bbc.co.uk/news/uk-51734855?fbclid=IwAR3HAKW3R-VPyHwR8cwRbPsrMLDGdWUIg7zxl8Aru8Siz80CJ3Ngh2Zk99s>

General play and activity

Family Lockdown tips and ideas – you must be part of this facebook group full of good ideas, it will have much more than I can include here!

<https://www.facebook.com/groups/871176893326326/>

Getting Outdoors – The National Trust is opening their parks and grounds for free if you can get there. Otherwise you could enjoy the public footpaths behind Barton and Sandhills. Or go on an adventure down the footpath to Barton Park – the Bakers could wave to you out the window! Make sure to keep 2m from anyone else you see!

Chalk Drawing – Leave messages of hope outside the homes of your friends by chalk graffitiing the pavement. Chalk will wash away with the rain!

Window Dressing – Make some beautiful pictures and messages of hope and post them in your windows so that those out walking will see them.

A LEGO challenge – A new construction challenge for each day of the month

<https://www.freehomeschooldeals.com/free-printable-30-day-lego-challenge-instant-download/>

100+ indoor activities – See below for 100+ ideas of how to entertain the kids at home

Online classes – There are lots of good online videos/classes/groups you could tune into. For example Joe Wicks is doing PE lessons on his youtube channel every day

(<https://www.youtube.com/watch?v=K6r99N3kXME>), we found a baby and toddler group with daily singing time (<https://m.facebook.com/ragdollyannas/>), fancy baking together?

(<https://mailchi.mp/c388d0740671/threebearslivebakealong?fbclid=IwAR3eWQ0weNvG39I9ehxKMn-E-X4W4bAIIRIDGLYY1jFaEX3JPtC-gbqnRJA>)

100+ INDOOR ACTIVITIES

CRAFTS

MAKE PAPER AIRPLANES
SALT PAINTING
MAKE SUNCATCHERS
MAKE SALT DOUGH
MAKE SPONGE STAMPS
MAKE A CEREAL BOX AQUARIUM
MAKE SCRATCH ART
MAKE YOUR OWN BOOKMARKS
PAINT PET ROCKS
MAKE RECYCLED CRAYONS
MAKE PAPER BOATS
FINGER PAINT
MAKE FRIENDSHIP BRACELETS
MAKE A BIRD FEEDER
MAKE PAPER BAG PUPPETS
MAKE HANDPRINT ART
MAKE A SCRAPBOOK
DECORATE T-SHIRTS
MAKE A THANKFUL JAR
PAINT LEAVES
MAKE A TIME CAPSULE
MAKE BUTTON ART
PAINT WITH WATERCOLORS
COLOR IN A COLORING BOOK
MAKE PAPER CRAFTS
BUILD A CARDBOARD CASTLE
MAKE TISSUE BOX MONSTERS
MAKE A TOILET PAPER ROLL BUTTERFLY
STAMP WITH CELERY
MAKE CHALK ICE
MAKE PUFFY SIDEWALK PAINT
DRAW A SELF PORTRAIT
USE RUBBER STAMPS
DO SCRAPE PAINTING
PAINT A RECYCLED JAR
MAKE SUPERHERO COSTUMES

ACTIVITIES

MAKE PLAYDOUGH
MAKE SLIME
MAKE PLAY MUD
MAKE RAINBOW RICE
MAKE FAKE SNOW
MAKE A SENSORY BIN
MAKE A SENSORY BAG
BUILD A FORT
HAVE A PILLOW FIGHT
WRITE A STORY
MAKE ICE CREAM IN A BAG
MAKE GUMMY BEARS
MAKE FRUIT ROLL-UPS
HAVE A MOVIE DAY
PUT ON A FASHION SHOW
BAKE CUPCAKES OR MUFFINS
DO YOGA
BUILD AN OBSTACLE COURSE
MAKE DINNER TOGETHER
PLAY WITH MAGNETIC TILES
BUILD SOMETHING WITH LEGO
USE DOT MARKERS
BUILD A STACK OF CARDS
PUT ON A PUPPET SHOW
MAKE A TREASURE HUNT
INDOOR BOWLING
LEARN TO DRAW
PUT ON A PLAY
MAKE INDOOR HOPSCOTCH
DO A FAMILY CHORE TOGETHER
HAVE A DANCE PARTY
HAVE A TEA PARTY
PLAY WITH WATER IN A BIN
SET UP A PLAY STORE
MAKE A SOCK TOSS GAME
MAKE PERLER BEAD ART
WRITE IN A JOURNAL

GAMES

PLAY WOULD YOU RATHER
PLAY I SPY
PLAY SIMON SAYS
PLAY BOARD GAMES
PLAY HIDE AND SEEK
INDOOR SCAVENGER HUNT
PLAY BINGO
PLAY CARD GAMES
DO A PUZZLE
PLAY CHARADES
BUILD YOUR OWN GAME
PLAY FREEZE DANCE
PLAY HOT POTATO
PLAY MARBLES
KEEP THE BALLOON UP
PLAY DOMINOES
PLAY HANGMAN
PLAY TIC-TAC-TOE

EDUCATIONAL

READ BOOKS
DO A SCIENCE PROJECT
LEARN ORIGAMI
LEARN ABOUT A NEW ANIMAL
LEARN A NEW CARD GAME
LEARN TO SEW
LEARN TO KNIT
DO BRAIN TEASERS
LEARN A NEW LANGUAGE
LEARN ABOUT A COUNTRY

100 Things to do indoors

www.spreadthehappiness.co.uk



1. Make non-cook playdough, then have a Dough Disco
2. Paint 'our families' portrait
3. Write and make a book
4. Draw flowers or the fruit bowl
5. Learn some laughter yoga www.robertrivest.com
6. Finger paint
7. Make a band from kitchen pots and pans
8. Footprint paint
9. Have a dance alarm every 30 minutes
10. Have a karaoke
11. Send a video message to family and friends to get them busy
12. Have a birthday party for a pet or cuddly toy
13. Have an indoor picnic
14. Discover your favourite story and share it together
15. Order books alphabetically
16. Have an indoor treasure hunt
17. Dress up in adult shoes
18. Find a fairy door in your house or garden
19. Do the Hokey Cokey
20. Take a selfie through a toilet roll tube and pretend you are on the moon



21. Make cards for everyone at home
22. Get some sheets to flap and pretend they are the waves and jump in
23. Make cakes
24. Get material or cardboard and make mermaid or merman's tails
25. Get all the chairs together and make a bus, play conductors and drivers
26. Make a camp in your bed
27. Make a dark den and use a torch
28. Write a letter to a neighbour or friend
29. Colour in a colouring book or draw a picture
30. Make wool or string hair over a chair
31. Have a pamper day
32. Have a scrunched up paper fight (from recycling)
33. Make ice lollies with cordial and water
34. Make sandwiches in strange shapes
35. Make a pretend car from boxes/furniture
36. Learn a rhyme or poem
37. Make paper aeroplanes
38. Have a pirate adventure, make boats from boxes or furniture
39. Blow bubbles and catch them
40. Make a number frieze for the wall, decorate



41. Read Pirate George series available on Kindle
42. Make a papier mache sculpture over a balloon
43. Keep a balloon up in the air game
44. Play a board game
45. Play hide and seek
46. Play dominoes
47. Learn a card game
48. Make smoothies
49. Perform a puppet show
50. Make shadow puppets
51. Make finger/sock puppets
52. Choreograph a dance or learn a dance routine
53. Have an upside down meals day, lunch for breakfast etc.
54. Learn a sing-along for Spread the Happiness TV
55. Learn to cook something new
56. Learn Brilliant Beast Song on Spread the Happiness TV YouTube Channel
57. Leave happy notes all around the house
58. Make a fitness routine and put your family through their paces
59. Using vegetables, make characters
60. Dance and sing to Knees up Mother Brown



61. Play I spy
62. Open your windows and sing out a song
63. Learn Days of the Week Song
64. Play musical statues
65. Learn a Beatles song
66. Learn a Queen song
67. Make an indoor restaurant and serve your family
68. Have a toy's tea party
69. Roll balls down the stairs
70. Be superheroes with capes
71. Eat cereal with a gigantic spoon
72. Have an ice cream party
73. Enter an online competition to win a prize
74. Vacuum your home
75. Polish your home
76. Fold up sheets
77. Use a sheet as a parachute to fluff up and hide under and play parachute games
78. Make binoculars with toilet rolls and look out the window at the birds
79. Make yoghurt pot telephones
80. Make a junk model rocket as large as you can



81. Create a comedy show
82. Pretend to conduct an orchestra to music
83. Hike up your stairs like it is a mountain, so so high
84. Roll around a large space in your home
85. Hop around like a bunny
86. Learn to play sleeping bunnies
87. Learn and act out 5 Little Monkeys
88. Find as many collections of 10 things in your home as you can
89. Dance in the shower
90. Sing in the shower
91. Squirt shaving foam in your hands
92. Make a scrap book of your favourite things, people
93. Play Jack in the Box in a large cardboard box
94. Have a themed party
95. Stay up late to look at the stars with a night time picnic
96. Play apple bobbing
97. Jump on the bed
98. Bash a pinata
99. Do coin rubbing with paper and crayons
100. Play pass the parcel



www.spreadthehappiness.co.uk

Education

Here is a list of people who are willing to help with tutoring support for a whole range of subjects <https://docs.google.com/spreadsheets/d/15lwzRLvPEmD-A6FFXCdhFUfFjno9NflrB8NGnT303Fo/htmlview#>



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FREE LEARNING WEBSITES FOR KIDS

Here's a list of some fun, educational, and safe websites for your child to visit and explore!

1 Switcheroo Zoo
www.switcheroozoo.com
Watch, listen and play games to learn all about amazing animals!

2 Nat Geo for Kids
www.kids.nationalgeographic.com
Learn all about geography and fascinating animals.

3 Into the Book
www.reading.ecb.org
Go "into the book" to play games that practice reading strategies.

4 Seussville
www.seussville.com
Read, play games, and hang out with Dr. Seuss and his friends.

5 ABC YA
www.abcya.com
Practice math and reading skills all while playing fun games!

6 Fun Brain
www.funbrain.com
Play games while practicing math and reading skills.x

7 PBS Kids
www.switcheroozoo.com
Hang out with your favorite characters all while learning!

8 Star Fall
www.starfall.com
Practice your phonics skills with these read-along stories.

9 Storyline Online
www.storylineonline.net
Have some of your favorite stories read to you by movie stars!

10 Highlights Kids
www.highlightskids.com
Read, play games, and conduct cool science experiments!

feed your family



Blending play and craft with prayer

Flame Creative Kids – Lots of crafty and creative ideas that can turn to a God conversation and a prayer <http://flamecreativekids.blogspot.com/>

Faith in Homes Sheet – See the additional sheet with ideas for Easter play that can turn to a God conversation

Pinterest – Sign up for tonnes of ideas of how to get creative <https://www.pinterest.co.uk/debbieh1605/creative-prayer/>

BeSpace at Home – From the group who produce prayer spaces for schools, they have some ideas for how you can bring this to your own home <https://bespace.be/what-we-do/virtual-prayer-spaces/>

Bible Teaching/Worship

Worship for Everyone – I love these fun sessions mixed with songs, Bible story and teaching for the whole family, tune in live at 4pm on Wednesdays and Saturdays or catch up here: <https://www.youtube.com/channel/UC2dYemDuCz36mIKAt0DwhcA>

Engage Worship – Daily prayer and worship ideas to do as a family at home <https://engageworship.org/engage-at-home-daily-family-prayer-and-worship-activities>

Bible Chat Maps – Bible story, discussion and doodling as a family <https://www.bathandwells.org.uk/supporting-children/youth-children/resources/bible-chat-mat/>

The Bible App for Kids – Simple storytelling and games/activities to reinforce the teaching. Available in the App Store <https://bibleappforkids.com/>

Live Lent Booklets – Continue your Lent journey with the Lent booklets from church.

Saddleback Kids on Youtube – Lovely animated Bible stories https://www.youtube.com/playlist?list=PL5aPdmniG3y_n7hXEKTV4qQnleCe-p6Ws

Worship Music – We have included on our church playlist of songs, some family friendly ones. Other groups we could recommend on youtube and/or spotify are Nick & Becky Drake, Hillsong Kids, New Wine Kids. Songs we have sung at St Mary's regularly can be found here: <https://www.youtube.com/playlist?list=PLvVsn2J4pGLct3ccP57-2g56JvlhOVGGd>

Bible Podlets – A podcast aimed at all ages with Bible story and teaching <https://www.bdeducation.org.uk/podcasts/bible-podlets/>

St Aldate's Devotional – See additional sheet with a session to do as a family